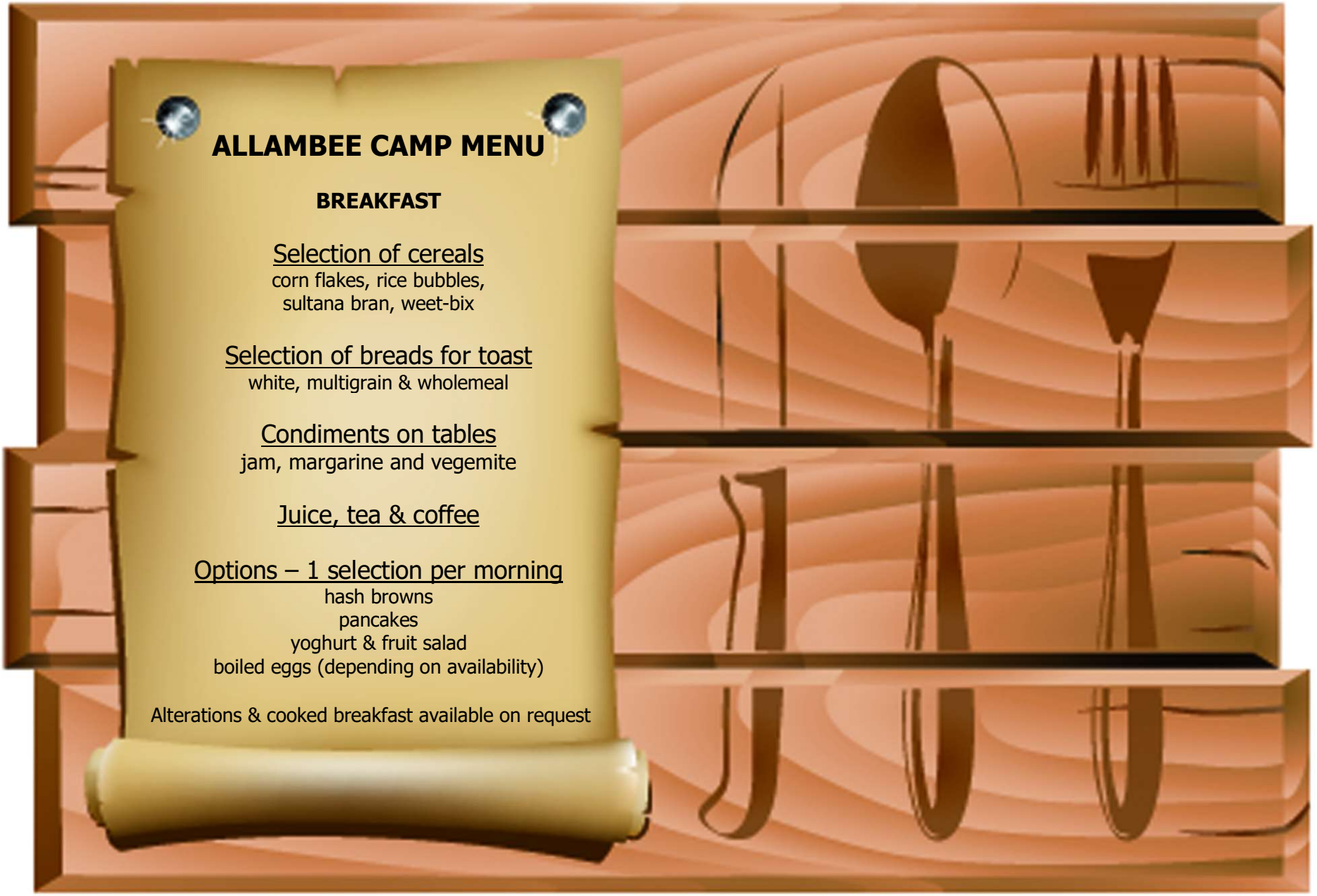
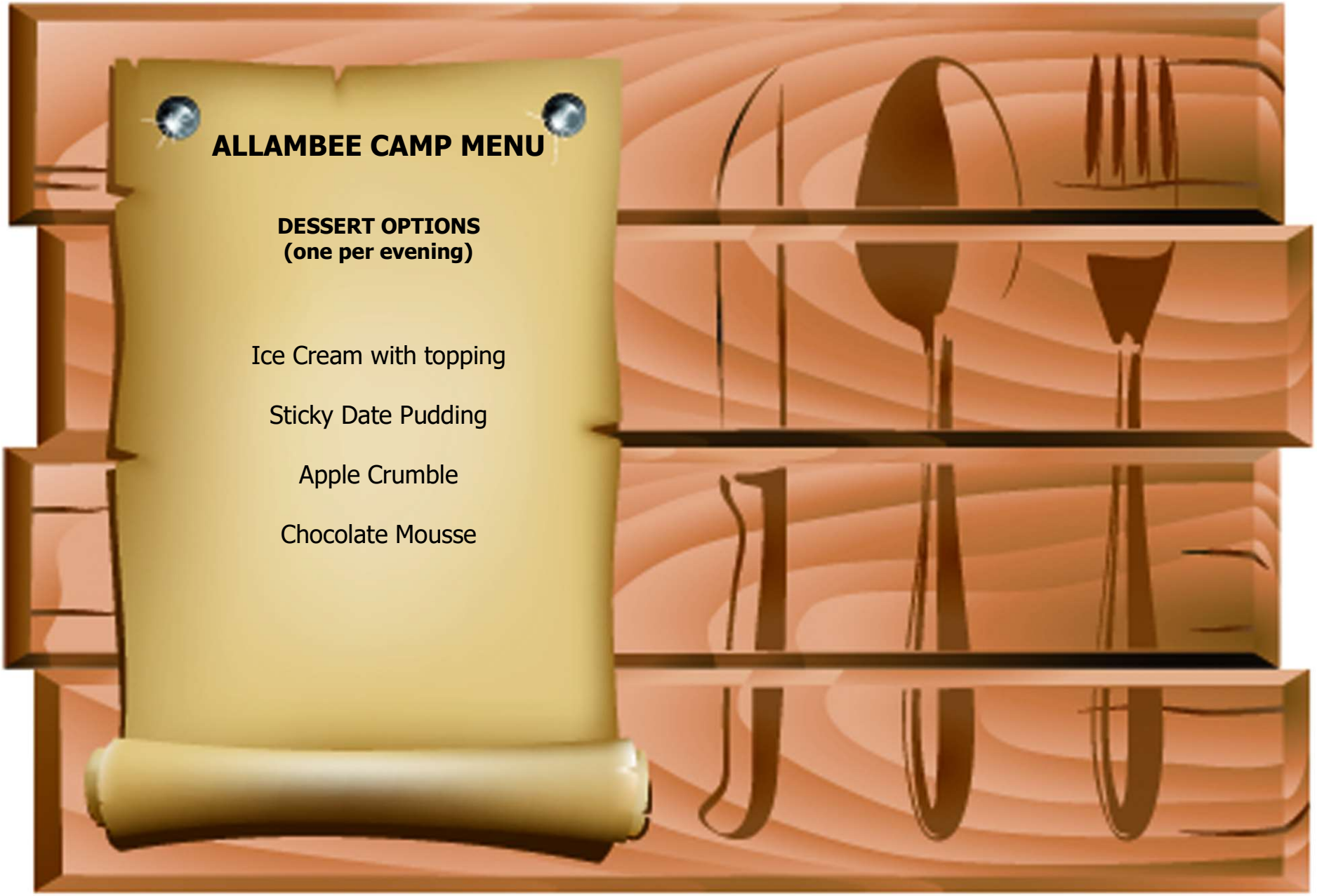

ALLAMBEE CAMP MENU
BREAKFAST
Selection of cereals
corn flakes, rice bubbles,
sultana bran, weet-bix
Selection of breads for toast
white, multigrain & wholemeal
Condiments on tables
jam, margarine and vegemite
Juice, tea & coffee
Options – 1 selection per morning
hash browns
pancakes
yoghurt & fruit salad
boiled eggs (depending on availability)
Alterations & cooked breakfast available on request


ALLAMBEE CAMP MENU
LUNCH OPTIONS (one per day)
Chicken Wraps
with sliced chicken, salsa or diced tomatoes,
shredded cheese, lettuce, sour cream
Salad Sandwiches
with a huge selection of sandwich fillings
Cheeseburgers
with choice of salads
Baked Potatoes
served with shredded cheese, sour cream,
bacon bits (or Chilli Con Carne)
and fresh coleslaw salad
Beef Tacos
Beef tacos with cheese, lettuce, tomato
and sour cream


ALLAMBEE CAMP MENU
DINNER OPTIONS (one per evening)
Homemade Lasagne
with salad
Chicken Parmigiana
with rice and vegetables or pasta and salad
Roast Chicken Drumsticks
with roast potatoes and vegetables
Shepherd's Pie
with cheesy mash and salad
Creamy Chicken Pasta Bake
with salad
Honey Soy Chicken
with stir fry vegetables and rice


ALLAMBEE CAMP MENU
DESSERT OPTIONS
(one per evening)
Ice Cream with topping
Sticky Date Pudding
Apple Crumble
Chocolate Mousse