



Allambee  
Camp

# What to bring to Allambee Camp

\*This is a suggested list only and needs to be adjusted to suit the time of the year

<b>Sleeping bag (or doona &amp; fitted sheet)</b>	<b>Pillow</b>
<b>Torch</b>	<b>Plastic bag for dirty clothes</b>
<b>Pyjamas</b>	<b>Bath towel</b>
<b>Toiletries</b> (for long hair: please bring <u>hair ties</u> and tie it back in a low pony tail/bun during activities, otherwise it might get caught in harnesses and helmet straps)	<b>Socks &amp; underwear</b>
<b>Tracksuit</b>	<b>Waterproof jacket</b> (winter jacket if cold temperatures forecast)
<b>Jumpers</b>	<b>Jeans</b>
<b>Shirts/T-shirts</b> (please no singlets for activities as harnesses might rub on shoulders)	<b>Shorts</b> (please knee long shorts for activities, otherwise harnesses might rub on legs)
<b>Shoes/boots</b> (please bring min. 1 pair of enclosed shoes for activities)	<b>Gumboots (winter)</b>
<b>Bathers (towel)</b> (if pool activities on program)	<b>Sun hat</b> (seasonal)
<b>Sun screen</b> (seasonal) & <b>lip balm</b> (optional)	<b>Water bottle</b>
<b>Insect repellent</b> (seasonal)	<b>Slippers (suggested)</b> (we have a "shoes off" policy inside buildings)
<b>Medication if required</b> (For students = to be handed to teacher)	
<b>*For bed wetters, a waterproof mattress cover sheet &amp; extra pyjamas are needed.</b>	

## What NOT to bring:

- Some of our visitors are anaphylactic to nuts, so please do not bring any NUTS or NUT PRODUCTS to camp.
- Please do not bring any spray deodorants, hairspray, spray on sunscreens, spray insect repellent etc. because these sprays can end up in children's eyes and they can also set off our fire alarms.
- Please do not bring any VALUABLES, as we do not have any lockers or safes. Allambee Camp cannot be held responsible for any theft, damage or loss of any valuables brought to camp.
- We suggest that students do not bring their MOBILE PHONES & ELECTRONIC GADGETS. Unplugging helps students develop social skills and improve relationships.
- For school groups: Please do not bring any items that are against normal school rules.