



**Allambee
Camp**

What to bring to Allambee Camp

*This is a suggested list only and needs to be adjusted to suit the time of the year

Sleeping bag

Torch

Pyjamas

Toilet articles

(for long hair: please bring hair ties and tie it back during activities, otherwise it might get caught in harnesses and helmet straps)

Tracksuit

Jumpers

Shirts/T-shirts

(please no singlets for activities as harnesses might rub on shoulders)

Shoes/boots

(please bring min. 1 pair of enclosed shoes for activities)

Bathers (towel)

(if pool activities on program)

Sun screen (seasonal) & lip balm

Insect repellent (seasonal)

Medication if required

(For students = to be handed to teacher)

***For bed wetters, a waterproof mattress cover sheet & extra pyjamas are needed. The camp does have some plastic sheets in case of need.**

Pillow case

(pillow provided)

Plastic bag for dirty clothes

Bath towel

Socks & underwear

Waterproof jacket

Jeans

Shorts

(please knee long shorts for activities, otherwise harnesses might rub on legs)

Gumboots (winter)

Sun hat (seasonal)

Water bottle

Slippers (suggested)

(we have a "shoes off" policy inside buildings)

What NOT to bring:

- Some of our visitors are anaphylactic to nuts, so please do not bring any NUTS or NUT PRODUCTS to our camp.
- Please do not bring any VALUABLES, as we do not have any lockers or safes. Allambee Camp cannot be held responsible for any theft, damage or loss of any valuables brought to camp.
- We suggest that students do not bring their MOBILE PHONES & ELECTRONIC GADGETS. Unplugging helps students develop social skills and improve relationships.
- For schools: Please do not bring any items that are against normal school rules.